



The **UNIVERSITY of OKLAHOMA**
Department of Health and Exercise Science



Graduate Program Information & Application Materials

Master of Science (MS)

Doctor of Philosophy (PhD)

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PROGRAM INFORMATION

THE UNIVERSITY OF OKLAHOMA (<http://www.ou.edu>)

The University of Oklahoma is located in Norman, Oklahoma (pop. 116,000) which is 20 miles south of Oklahoma City and 190 miles north of Dallas, Texas. In 2008, CNN/Money Magazine ranked Norman as the sixth best small city in the United States, the highest ranking of any city in Oklahoma. In addition to the main campus, the University has a Health Sciences Center associated with the University Hospital in Oklahoma City, and a Biological Center at Lake Texoma in Southern Oklahoma. The enrollment of the University of Oklahoma is about 30,000 including approximately 9,000 students enrolled in graduate study.

DEPARTMENT OF HEALTH AND EXERCISE SCIENCE (<http://hes.ou.edu>)

The Department of Health and Exercise Science (HES) offers five graduate degrees:

1. **Master of Science (MS) in Exercise Physiology** [≥ 30 credit hours]
2. **Master of Science (MS) in Health Promotion** [≥ 30 credit hours]
3. **Master of Science (MS) in Health and Exercise Science** [≥ 32 credit hours]
4. **Doctor of Philosophy (PhD) in Exercise Physiology** [≥ 90 post-baccalaureate credit hours]
5. **Doctor of Philosophy (PhD) in Health Promotion** [≥ 90 post-baccalaureate credit hours]

MASTER OF SCIENCE (MS) DEGREE

The HES Department offers three unique Master of Science (MS) degree options that are designed to address student interests and goals. These include two research-based MS degree options (one in Exercise Physiology and the other in Health Promotion) that are designed to prepare students for entry into doctoral study. We also offer a hybrid MS degree option in Health and Exercise Science, which is a combination of Exercise Physiology and Health Promotion curricula designed for students who plan to enter the field immediately after degree completion. Students enrolling in the MS degree program must complete a minimum of 30 (Exercise Physiology and Health Promotion) or 32 (Health & Exercise Science) graduate credit hours. This includes hours in Health Promotion and/or Exercise Physiology coursework within the HES Department and several graduate electives from other departments.

Each area of study requires a basic core of graded courses, an area of electives related to the specific degree (approved by the student's adviser), and completion of a research requirement. For the Exercise Physiology and Health Promotion MS research-based degree options, the research requirement involves a minimum of twelve credit hours, including HES 5953, a graduate course in statistics, and satisfactory defense of a thesis (HES 5980). For the Health and Exercise Science option, a student may elect a thesis or non-thesis program of study. The thesis option requires a minimum of 28 hours of coursework in addition to 4 hours of thesis credit and satisfactory defense of a thesis (HES 5980). The non-thesis option requires the completion of a minimum of 30 hours of coursework, plus two credit hours of an approved research experience (HES 5940) under faculty supervision and satisfactory performance on a comprehensive examination.

MS DEGREE OPTIONS

Exercise Physiology

The MS degree program in Exercise Physiology is a disciplinary program integrating course work from a range of research areas in applied exercise physiology, which is designed to prepare students for doctoral training and research in these areas. Core: HES 5823, 5833, and 5853. In addition to this disciplinary core, students must complete a 12-hour research core, and 9 graduate elective hours.

Health Promotion

The MS degree program in Health Promotion is a disciplinary program integrating course work from a range of research areas in health education/health promotion, which is designed to prepare students for doctoral training and research in these areas. Core: HES 5523, 5563, and 5553. In addition to this disciplinary core, students must complete a 12-hour research core, and 9 graduate elective hours.

Health and Exercise Science

The MS degree program in Health and Exercise Science is an interdisciplinary, hybrid program integrating health education/health promotion, applied exercise physiology, and nutrition, which is designed to prepare students for health/fitness professions, working in a variety of settings. Core: HES 5523 OR 5563 and HES 5823 OR 5853. In addition to this interdisciplinary core, students must complete an 8-10 hour research core, and 16-18 graduate elective hours.

DOCTOR OF PHILOSOPHY (PhD) DEGREE OPTIONS

The doctoral degree (PhD) options in either Exercise Physiology or Health Promotion are awarded for excellence in research scholarship in combination with successful completion of an approved program of study consisting of coursework within and external to the Department of Health and Exercise Science. It signifies the attainment of independently acquired and comprehensive learning which evidences general professional competence. A doctoral student should, under normal conditions, spend at least the equivalent of five full academic years beyond the bachelor's degree. During this period the student shall take appropriate graduate coursework, successfully complete the General Oral and Written Examination, and submit and successfully defend the results of original research as a dissertation. The total number of hours, combining both formal courses and hours of research, for the doctoral degree will be at least 90 post-baccalaureate hours including the credit hours required to gain proficiency in the tools of research. Departmental requirements will conform to University policies in the following areas: (1) residency requirements, (2) limitations to the number of 3000/4000 level courses that may be applied to the degree, (3) transfer credit, (4) time limitations, (5) general examination, (6) use of human subjects/animals in research, and (7) completion and defense of the doctoral dissertation.

ADMISSION

An undergraduate degree in Health and Exercise Science or an equivalent allied field such as biological sciences, health education, kinesiology, human performance, or health psychology is generally required. Applicants holding equivalent degrees and other baccalaureate degrees will be evaluated by the department for course deficiencies. If course deficiencies exist, a student may be admitted conditionally, but all deficiencies and conditions must be removed before a student can be fully admitted. Removal of deficiencies is required prior to taking the comprehensive/general examination or enrolling in thesis/dissertation hours.

A grade point average of 3.0 on a 4.0 scale for undergraduate and/or graduate work as defined by the Graduate College Bulletin is required for full admission. Applicants with less than a 3.0 may be admitted conditionally. Students must complete the Graduate Record Examination (GRE) prior to admission. There is no minimum GRE score requirement for admittance into the MS and/or PhD programs in the Department of Health and Exercise Science. However, the GRE scores are evaluated by the faculty during the application process.

Since we must receive official GRE scores, applicants must know the institutional and departmental codes for sending the official scores:

University of Oklahoma Institutional Code: **6879**

OU Health and Exercise Science Departmental Code: **0699**

International students must also satisfy the English Proficiency Requirements outlined on the [OU Admissions and Recruitment website](#)

Admission to the MS and PhD programs will be based on the willingness and ability of a graduate faculty member to accept a new student. Therefore, potential graduate student applicants must schedule an “interview” (or several interviews) with a faculty member they wish to work with. This is required to establish contact with a potential faculty mentor in the Department of Health and Exercise Science that will serve as the student’s advocate and advisor. A faculty mentor must be willing to accept a new graduate student in order for a student to be considered for acceptance into the MS or PhD programs. If a faculty member is willing to accept a new student and several students apply for a limited number of positions, the application process is competitive and is based on the compatibility of the student applicant and their chosen mentor, research interests, letters of recommendation, GRE scores, undergraduate and graduate grade point average, cover letter statements, and professional goals.

In addition to graduate program admission requirements, applicants for graduate assistantships must also indicate their desire to seek a graduate assistantship (check box on application form) and complete the “Personal Appraisal of Activity & Instructional Skills” form.

GRADUATE ASSISTANTSHIPS

Graduate assistantships are annually available for MS and PhD students in the Department of Health and Exercise Science contingent upon available faculty and departmental funding. Students who have been admitted to the graduate program in the HES Department are eligible for consideration.

Graduate assistants receive a stipend of approximately \$12,000 - \$16,000 for the academic year (9-month appointment). Graduate assistants also receive a full tuition waiver*.

PhD graduate assistants are given the opportunity to teach lecture-, lab-, and/or activity-based classes identified on the form entitled "Personal Appraisal of Activity & Instructional Skills." MS graduate assistants may teach activity-based classes listed on this form.

FACILITIES

The Department of Health and Exercise Science is located in the west wing of the S.J. Sarkeys Complex, which opened in 1981. The department houses and maintains classrooms and research laboratories, as well as faculty, staff, and graduate student offices. The east wing of the building houses the student recreation and intramural activity areas. The department recently acquired approximately 3,500 square feet in the south end of the Collums Commissary building for additional teaching and research laboratories.

The department encourages interdisciplinary study and research. Faculty and students frequently interact with members of other University academic units in the Colleges of Arts and Sciences, Business, Education, Engineering, Medicine, Public Health, and Allied Health.

**Fees are not waived*

GENERAL GRADUATE PROGRAM INFORMATION

1. Admission:

The University of Oklahoma's Graduate College (<http://gradweb.ou.edu/>) is in charge of all matters pertaining to general admission to the University. Enrollment in the Graduate College is governed by the Dean of the College (Dr. Lee Williams). In applying for admission, the candidate must submit a completed application form and official transcripts of all college work completed to the time of application to the Graduate College. The Graduate College application can be completed online at <http://www.ou.edu/content/admissions/apply/graduate.html>.

To be eligible for enrollment, the student must have been admitted to the Graduate College prior to the beginning of the registration period for any given semester.

2. Deadlines:

The Department of Health and Exercise Science reviews applications for admission once per year. Applicants should have all required materials on file (i.e., completed Graduate College application, completed HES application form, letters of recommendation, GRE scores, etc.) by **February 1**, with evaluation beginning in February.

3. Types of Admission:

Undergraduates in their final semester at accredited colleges and universities may apply for admission to the Graduate College. Such admission is contingent upon the recommendation of the Graduate Dean and the major department of the University of Oklahoma, the presentation of an undergraduate degree or the equivalent, an overall grade average of "B" (3.0 on a 4.0 scale) or higher, and a supplementary transcript of all courses not previously reported. Holders of advanced degrees will be judged for admission primarily upon the record of their previous graduate work.

Applicants are admitted to the Graduate College in one of the following categories:

A. Full Standing: 3.0 over the last 60 hours of undergraduate work or 3.0 in 12 or more hours of graduate work. Both require acceptance by department or program unit. International students must also satisfy the English Proficiency Requirements outlined on the [OU Admissions and Recruitment website](#)

B. Conditional: Any student who has earned a baccalaureate degree or the equivalent but whose grade point average in the last 60 hours of undergraduate work is below 3.0 and/or who has course work deficiencies in the relevant field of study may be conditionally admitted to a degree program or to unclassified status. Conditional admission to a degree program is contingent on the recommendations of the department or program unit and approval of the Graduate Dean. Conditional status is generally approved only if the GPA ranges between 2.75 and 3.0.

C. Unclassified Status: A student admitted not as a candidate for a degree. A student in this classification is academically eligible but does not intend to work toward any graduate degree. Credits earned under the unclassified status are acceptable toward a degree if approved by the major department. All graduate courses taken while in unclassified status will be used in calculating the grade point average for purposes of satisfying degree or retention requirements.

D. Certification Status: A student admitted to fulfill requirements for a professional certificate. Credits earned under this status may be accepted as degree credits if approved by the major department.

An applicant not eligible under one of the above four categories will be denied admission to the Graduate College. Students who hold baccalaureate degrees from accredited colleges and universities who fail to meet requirements for admission to the Graduate College and are denied admission may seek admission as a “special” student. Credits earned under the “special” student status will not count towards a graduate degree.

4. *Retention*:

Students must maintain a 3.0 grade point average. Those who fall below 3.0 will be on probationary status until 9 (nine) further graduate hours are completed, at which time a 3.0 cumulative grade point average is required. A student who goes on probation a third time, including the probationary admission period, will be denied further enrollment.

5. *Transfer Credit*:

As many as twenty-five percent of the credit hours accepted toward a master’s degree may be transferred from other institutions.

Transferability of courses for credit toward graduate degrees at the University of Oklahoma is determined by the graduate faculty in the Department of Health and Exercise Science based on the following criteria: (1) the course was graduate level and taken for graduate credit; (2) the institution offering the course was accredited to offer work at the graduate level for which the transfer is to apply; (3) the credit must not be more than six years old at the time of admission to the degree program; (4) the credit must carry a grade of A, B, or S (satisfactory); and (5) the credit must be related to the MS and/or PhD program of study that has been approved by the faculty advisor/mentor.

The applicability of transfer credit toward the degree being pursued is determined by the student’s department and/or advisory committee and the Dean of the Graduate College. Transfer credit is considered neutral in the computation of the University of Oklahoma grade point average for the purpose of determining continued admissibility and graduation.



Directions: The University of Oklahoma (OU) requires a 2-step application process for all graduate students:

1. Application to the OU Graduate College:

- i. This should be done online at: <http://www.ou.edu/content/admissions/apply/graduate.html>
- ii. All previous transcripts will be requested here.
- iii. There is a \$50 application fee for domestic applicants and \$100 for international applicants.
- iv. Students must meet the minimal requirements of the Graduate College to be considered in the department.

2. Application to the Department of Health and Exercise Science (<http://hes.ou.edu>):

This is done by completing and mailing the information in this packet.

All applications must include a cover letter, this completed application, resume/vita, GRE scores, TOEFL score (international students only), 3 recommendation letters, and instructional skills sheet (see below).

**Indicates Required Information*

*First Name: _____ *MI: _____ *Last Name: _____
 *E-mail address: _____ *Physical Address: _____
 *City: _____ *State: _____ *Zip Code: _____
 *Home Phone: _____ *Cell Phone: _____ *Country of Citizenship: _____

*Current/Previous University/College (1): _____

Current/Previous University/College (2): _____

Current/Previous University/College (3): _____

*Check the degree for which you are interested in applying:

See Degree Sheets at <http://hes.ou.edu/grad>

For more information: <http://hes.ou.edu/faculty>

*Check the name(s) of the faculty whom you are interested in working with:

<input type="checkbox"/> Master of Science in Exercise Physiology (MS) <input type="checkbox"/> Master of Science in Health Promotion (MS) <input type="checkbox"/> Master of Science in Health and Exercise Science (MS) <input type="checkbox"/> Doctor of Philosophy in Exercise Physiology (PhD) <input type="checkbox"/> Doctor of Philosophy in Health Promotion (PhD)
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<u>Exercise Physiology Faculty</u> <input type="checkbox"/> Dr. Debra A. Bemben <input type="checkbox"/> Dr. Michael G. Bemben <input type="checkbox"/> Dr. Chris Black <input type="checkbox"/> Dr. Jay Campbell <input type="checkbox"/> Dr. J. Mikhail Kellawan <input type="checkbox"/> Dr. Dan Larson <input type="checkbox"/> Dr. Rebecca Larson

<u>Health Promotion Faculty</u> <input type="checkbox"/> Dr. Marshall Cheney <input type="checkbox"/> Dr. Sarah Maness <input type="checkbox"/> Dr. Amanda Wilkerson

*Have you established contact with a potential faculty mentor?

YES NO

You must schedule an “interview” with a faculty member who you wish to work with. This is required to establish contact with a potential faculty mentor in the department that will serve as your advocate. A faculty mentor must be willing to accept you as their graduate student in order for you to be considered for acceptance into the graduate program.

*Are you requesting a Graduate Teaching Assistantship (GTA)?

YES NO

If YES, then you must complete and include the attached form entitled “PERSONAL APPRAISAL OF ACTIVITY & INSTRUCTIONAL SKILLS.”

***FINAL APPLICATION CHECKLIST: All applications must include all of the following materials.**

- Cover letter. This letter should be addressed to the Graduate Faculty and should answer the following questions: (a) Why did you choose the Department of Health & Exercise Science? (b) What are your research interests? (c) Which faculty member(s) most closely matches your research interests? (d) What are your long-term goals?
- Completed Application (this form).
- Resume or Curriculum Vita
- GRE Scores
- TOEFL Score (international students only)
- 3 Letters of Recommendation. Please ask 3 of your personal references (preferably academic) to submit a letter of recommendation on your behalf to the address below.
- Personal Appraisal of Activity & Instruction Skills Form (if requesting a GTA)
- Interview. You must schedule an “interview” with a faculty member who you wish to work with. This is required to establish contact with a potential faculty mentor in the department that will serve as your advocate. A faculty mentor must be willing to accept you as their graduate student in order for you to be considered for acceptance into the graduate program.

Please send these materials to: Graduate Liaison
 Department of Health and Exercise Science
 University of Oklahoma
 1401 Asp Avenue, Rm. 104
 Norman OK 73019
 (405) 325-5211 or marshall@ou.edu

Department of Health and Exercise Science University of Oklahoma

PERSONAL APPRAISAL OF ACTIVITY & INSTRUCTIONAL SKILLS

Name _____

HES Lecture-Based Classes	Qualified & Prefer to Teach	Qualified & Willing to Teach	Not Qualified	Certification (i.e. First Aid, WSI, CSCS, NSCA-CPT, ACSM HF/I)	Additional Comments
1823 – Scientific Principles of Health & Disease					
2131 – Introduction to Health & Exercise Science					
2212 – First Aid					
2823 – Introduction to Nutrition					
2913 – Personal Health					
3813 – Principles of Health & Fitness					
3873 – Principles of Personal Training					
3883 – Principles of Endurance Training					
4883 – Advanced Strength & Conditioning					
XXXX – Other:					
HES Activity-Based Classes	Qualified & Prefer to Teach	Qualified & Willing to Teach	Not Qualified	Certification (i.e. First Aid, WSI, CSCS, NSCA-CPT, ACSM HF/I)	Additional Comments
Basketball					
Individual Fitness					
Judo					
Kickboxing					
Martial Arts					
Pilates					
Racquetball					
Soccer					
Spinning					
Swimming					
Tone & Sculpt					
Tennis					
Volleyball					
Wall Climbing					
Weight Training					
Yoga					
Other:					

Please elaborate and discuss past experiences for each lecture class checked above:

<u>Graduate Faculty</u>	<u>Year Hired at OU</u>	<u>Areas of Expertise</u>
Debra A. Bemben, PhD University of Illinois <i>President's Associates Presidential Professor</i> dbemben@ou.edu	1992	Exercise Physiology Metabolism, endocrine function, bone metabolism
Michael G. Bemben, PhD University of Illinois <i>David Ross Boyd Professor, C.B. Hudson Presidential Professor, and Department Chair</i> mgbemben@ou.edu	1992	Exercise Physiology Aging, neuromuscular performance, body composition
Chris D. Black, PhD University of Georgia <i>Assistant Professor</i> cblack@ou.edu	2013	Exercise Physiology Neuromuscular function and exercise induced pain
Jay Campbell, PhD University of Alabama <i>Assistant Professor</i> jcampbell21@ou.edu	2015	Exercise Physiology Sport performance
Marshall Cheney, PhD University of Oklahoma <i>Assistant Professor</i> marshall@ou.edu	2012	Health Promotion Smoking behaviors in young adults
J. Mikhail Kellawan, PhD Queens University <i>Assistant Professor</i> kellawan@ou.edu	2017	Exercise Physiology Vascular control mechanisms regulating blood flow
Daniel J. Larson, PhD University of Georgia <i>Assistant Professor</i> larsondj@ou.edu	2015	Sports Management/Exercise Physiology Sport economics and sport finance
Rebecca D. Larson, PhD University of Georgia <i>Assistant Professor</i> rld Larson@ou.edu	2012	Exercise Physiology Muscle function, multiple sclerosis, body composition
Sarah Maness, PhD University of South Florida <i>Assistant Professor</i> smaness@ou.edu	2015	Health Promotion Social determinant of health
Amanda Wilkerson, PhD University of Alabama <i>Assistant Professor</i> ahutcheson@ou.edu	2017	Health Promotion Assessing sedentary behavior using ecological framework

UNIVERSITY OF OKLAHOMA
DEPARTMENT OF HEALTH AND EXERCISE SCIENCE (HES)

· MASTER OF SCIENCE (MS) IN EXERCISE PHYSIOLOGY · M501 ·

DEGREE SHEET

Name _____ ID# _____ Term Entered _____

Minimum Number of Hours Required: 30 hrs. **Hrs.** **Semester/Year** **Grade**

Core: 9 hrs.

HES 5823 Advanced Exercise Physiology	3	_____ / _____	_____
HES 5833 Advanced Exercise Physiology Laboratory	3	_____ / _____	_____
HES 5853 Health Fitness: Theory & Application	3	_____ / _____	_____

Research Technology: 12 hrs.

HES 5953 Research Methods in HES	3	_____ / _____	_____
HES 5963 Statistical Applications in HES (or apprvd substitute)	3	_____ / _____	_____
HES 5980 Thesis	6	_____ / _____	_____

Electives: 9 hrs.

_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____

UNIVERSITY OF OKLAHOMA
DEPARTMENT OF HEALTH AND EXERCISE SCIENCE (HES)

· MASTER OF SCIENCE (MS) IN HEALTH PROMOTION · M502 ·

DEGREE SHEET

Name _____ ID# _____ Term Entered _____

Minimum Number of Hours Required: 30 hrs. **Hrs.** **Semester/Year** **Grade**

Core: 9 hrs.

HES 5523 Health Promotion Strategies	3	_____ / _____	_____
HES 5563 Health Behavior I	3	_____ / _____	_____
HES 5553 Health Promotion Evaluation	3	_____ / _____	_____

Research Technology: 12 hrs.

HES 5953 Research Methods in HES	3	_____ / _____	_____
HES 5963 Statistical Applications in HES (or apprvd substitute)	3	_____ / _____	_____
HES 5980 Thesis	6	_____ / _____	_____

Electives: 9 hrs.

_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____

UNIVERSITY OF OKLAHOMA
DEPARTMENT OF HEALTH AND EXERCISE SCIENCE (HES)

· MASTER OF SCIENCE (MS) IN HEALTH & EXERCISE SCIENCE · M 500 ·

DEGREE SHEET

Name _____ ID# _____ Term Entered _____

Minimum Number of Hours Required: 32 hrs. **Hrs.** **Semester/Year** **Grade**

Core: 6 hrs.

HES 5823 Exercise Physiology OR	3	_____ / _____	_____
HES 5853 Health Fitness: Theory & Application	3	_____ / _____	_____
HES 5523 Health Promotion Strategies OR	3	_____ / _____	_____
HES 5563 Health Behavior I	3	_____ / _____	_____

Research Technology: 8-10 hrs.

HES 5953 Research Methods in HES	3	_____ / _____	_____
HES 5963 Statistical Applications in HES (or apprvd substitute)	3	_____ / _____	_____
HES 5980 (4 hrs.) OR 5940 (2 hrs.)	_____	_____ / _____	_____

Electives: 16-18 hrs.

_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____

UNIVERSITY OF OKLAHOMA
DEPARTMENT OF HEALTH AND EXERCISE SCIENCE (HES)

· DOCTOR OF PHILOSOPHY (PHD) IN EXERCISE PHYSIOLOGY · D500 ·

DEGREE SHEET

Name _____ ID# _____ Term Entered _____

Minimum Number of Hours Required: MS/MA + PhD = 90 hrs.

Minimum Number of Dissertation Hours: 12 hrs.

Required Courses:	Hrs.	Semester/Year	Grade
Interdisciplinary Research Core: 12 hrs.			
HES 6970 Seminar in HES	1	_____ / _____	_____
HES 6970 Seminar in HES	1	_____ / _____	_____
HES 6970 Seminar in HES	1	_____ / _____	_____
HES 6990 Independent Study in HES	3	_____ / _____	_____
HES 6980 Research for Doctoral Dissertation	12	_____ / _____	_____
Graduate Statistics I _____	3	_____ / _____	_____
Graduate Statistics II _____	3	_____ / _____	_____

Extended Core for Exercise Physiology: 21 hrs.

PHYO/BIOL 6 graduate hrs. in PHYO or 2 of the following BIOL courses (G3103, G5153, G5813, G5833, G5863),

or 2 three-hour graduate physiology courses approved by the _____ / _____

Doctoral Advisory Committee _____ / _____

CHEM 3563 Biochemistry 3 _____ / _____

HES 6823 Cardiorespiratory Exercise Physiology 3 _____ / _____

HES 6833 Human Body Composition 3 _____ / _____

HES 6843 Neuromuscular Physiology 3 _____ / _____

HES 6883 Endocrinology and Metabolism of Exercise 3 _____ / _____

Electives: 9-20 hrs.

_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____

UNIVERSITY OF OKLAHOMA
DEPARTMENT OF HEALTH AND EXERCISE SCIENCE (HES)

· DOCTOR OF PHILOSOPHY (PHD) IN HEALTH PROMOTION · D501 ·

DEGREE SHEET

Name _____ ID# _____ Term Entered _____

Minimum Number of Hours Required: MS/MA + PhD = 90 hrs.

Minimum Number of Dissertation Hours: 12 hrs.

Required Courses:	Hrs.	Semester/Year	Grade
Interdisciplinary Research Core: 24 hrs.			
HES 6970 Seminar in HES	1	_____ / _____	_____
HES 6970 Seminar in HES	1	_____ / _____	_____
HES 6970 Seminar in HES	1	_____ / _____	_____
HES 6990 Independent Study in HES	3	_____ / _____	_____
HES 6980 Research for Doctoral Dissertation	12	_____ / _____	_____
Graduate Statistics I _____	3	_____ / _____	_____
Graduate Statistics II _____	3	_____ / _____	_____
Extended Core for Health Promotion: 15 hrs.			
HES 6513 Qualitative Research Methods in Health Promotion OR an approved course by the Doctoral Advisory Committee	3	_____ / _____	_____
Advanced Program Planning (choose one) (HES 6523 Social Marketing OR HES 6573 Intervention Mapping)	3	_____ / _____	_____
HES 6563 Health Behavior II	3	_____ / _____	_____
HES 6953 Advanced Measurement and Evaluation	3	_____ / _____	_____
BSE 5113 Principles of Epidemiology OR an approved course by the Doctoral Advisory Committee	3	_____ / _____	_____
Electives			
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
_____	_____	_____ / _____	_____
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