

Department of Health and Exercise Science – Graduate Program Application



The University of Oklahoma

Directions: The University of Oklahoma (OU) requires a 2-step application process for all graduate students:

1. Application to the OU Graduate College:

- i. This should be done online at: www.ou.edu/content/admissions/apply/graduate.html
ii. All previous transcripts will be requested here.
iii. There is a \$50 application fee for domestic applicants and \$100 for international applicants.
iv. Students must meet the minimal requirements of the Graduate College to be considered in the department.

2. Application to the Department of Health and Exercise Science (http://hes.ou.edu):

This is done by completing and mailing the information in this packet. All applications must include a cover letter, this completed application, resume/vita, GRE scores, TOEFL score (international students only), 3 recommendation letters, and instructional skills sheet (see below).

\*Indicates Required Information

\*First Name: \*MI: \*Last Name:
\*E-mail address: \*Physical Address:
\*City: \*State: \*Zip Code:
\*Home Phone: \*Cell Phone: \*Country of Citizenship:
\*Current/Previous University/College (1):
Current/Previous University/College (2):
Current/Previous University/College (3):

\*Check the degree for which you are interested in applying:
See Degree Sheets at http://hes.ou.edu/grad
For more information: http://hes.ou.edu/faculty

\*Check the name(s) of the faculty whom you are interested in working with:

Master of Science in Exercise Physiology (MS)
Master of Science in Health Promotion (MS)
Master of Science in Health and Exercise Science (MS)
Doctor of Philosophy in Exercise Physiology (PhD)
Doctor of Philosophy in Health Promotion (PhD)

Exercise Physiology Faculty
Dr. Debra A. Bemben
Dr. Michael G. Bemben
Dr. Chris Black
Dr. Jay Campbell
Dr. Dan Larson
Dr. Rebecca Larson
Dr. J. Mikhail Kellawan

Health Promotion Faculty
Dr. Marshall Cheney
Dr. Sarah Maness
Dr. Amanda Wilkerson

\*Have you established contact with a potential faculty mentor?

YES NO

You must schedule an "interview" with a faculty member who you wish to work with. This is required to establish contact with a potential faculty mentor in the department that will serve as your advocate. A faculty mentor must be willing to accept you as their graduate student in order for you to be considered for acceptance into the graduate program.

\*Are you requesting a Graduate Teaching Assistantship (GTA)?

YES NO

If YES, then you must complete and include the attached form entitled "PERSONAL APPRAISAL OF ACTIVITY & INSTRUCTIONAL SKILLS."

\*FINAL APPLICATION CHECKLIST: All applications must include all of the following materials.

- Cover letter. This letter should be addressed to the Graduate Faculty and should answer the following questions: (a) Why did you choose the Department of Health & Exercise Science? (b) What are your research interests? (c) Which faculty member(s) most closely matches your research interests? (d) What are your long-term goals?
Completed Application (this form)
Resume or Curriculum Vita
GRE Scores
TOEFL Score (international students only)
3 Letters of Recommendation. Please ask 3 of your personal references (preferably academic) to submit a letter of recommendation on your behalf to the address below.
Personal Appraisal of Activity & Instruction Skills Form (if requesting a GTA)
Interview. You must schedule an "interview" with a faculty member who you wish to work with. This is required to establish contact with a potential faculty mentor in the department that will serve as your advocate. A faculty mentor must be willing to accept you as their graduate student in order for you to be considered for acceptance into the graduate program.

Please send these materials to:

Graduate Liaison
Department of Health and Exercise Science
University of Oklahoma
1401 Asp Avenue, Rm. 104
Norman OK 73019
(405) 325-5211 or marshall@ou.edu

# Department of Health and Exercise Science University of Oklahoma

## PERSONAL APPRAISAL OF ACTIVITY & INSTRUCTIONAL SKILLS

Name \_\_\_\_\_

HES Lecture-Based Classes	Qualified & Prefer to Teach	Qualified & Willing to Teach	Not Qualified	Certification (i.e. First Aid, WSI, CSCS, NSCA-CPT, ACSM HF/I)	Additional Comments
1823 – Scientific Principles of Health & Disease					
2131 – Introduction to Health & Exercise Science					
2212 – First Aid					
2823 – Introduction to Nutrition					
2913 – Personal Health					
3813 – Principles of Health & Fitness					
3873 – Principles of Personal Training					
3883 – Principles of Endurance Training					
4883 – Advanced Strength & Conditioning					
XXXX – Other:					
HES Activity-Based Classes	Qualified & Prefer to Teach	Qualified & Willing to Teach	Not Qualified	Certification (i.e. First Aid, WSI, CSCS, NSCA-CPT, ACSM HF/I)	Additional Comments
Basketball					
Individual Fitness					
Judo					
Kickboxing					
Martial Arts					
Pilates					
Racquetball					
Soccer					
Spinning					
Swimming					
Tone & Sculpt					
Tennis					
Volleyball					
Wall Climbing					
Weight Training					
Yoga					
Other:					

Please elaborate and discuss past experiences for each lecture class checked above: